



Since 1989, Recovery Foundation has been helping **individuals, families and communities** address issues of **alcohol, drugs, suicide and violence** that are **destroying** the future of **our children**.

We have made a **positive impact** on the lives of the **people and communities** we have served. If you are **concerned** about your **kids** and their **future** and want to see your **community** become a **happier, healthier and safer** place for generations to come, **contact us, we can help!**

Customize a workshop for your community!

The Recovery Foundation can customize a workshop for the specific needs of the community. Our facilitators will work with you to make sure we discuss the issues that are important to your community.

For more information call 1-866-288-5620 or visit [www.recoveryfoundation.ca](http://www.recoveryfoundation.ca)

## How are the Kids in your community doing?



### What people are saying about our workshops!

*"I have been to so many workshops. I found this one to be quite unique and much more exciting."* **Calgary, AB**

*"On a scale of 1-100...this workshop was a 100."* **St. Theresa Point, MB**

*"The interactive activities and role plays made the discussion and theory come alive!"* **Lloydminster, SK**

*"New, exciting and realistic ideas that will work in my community."* **Thunder Bay, ON**

*"A sense of hope that we can come together for healthy change."* **Forest, ON**

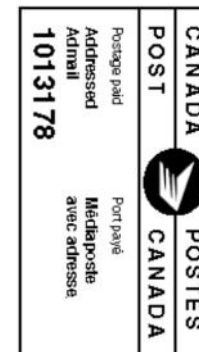
*"Motivational!"* **Edmonton, AB**

*"I gained an awareness that change needs to start with the youth and that the youth do recognize (the community's) problems."* **Kehewin, AB**

*"They are not good kids.  
They are not bad kids.  
They are your kids  
and my kids."*

*Unknown*

RECOVERY FOUNDATION  
PO Box 397  
Melville, SK S0A 2P0



Are you concerned about the kids in your community?



Working with  
**High Risk Kids**<sup>®</sup>  
 Their Families & Communities



They are not good kids;  
 They are not bad kids,  
 They are your kids;  
 They are my kids.

Are issues such as violence, bullying, alcohol, drugs and suicide affecting the kids and adults in your community? Is it time for change?

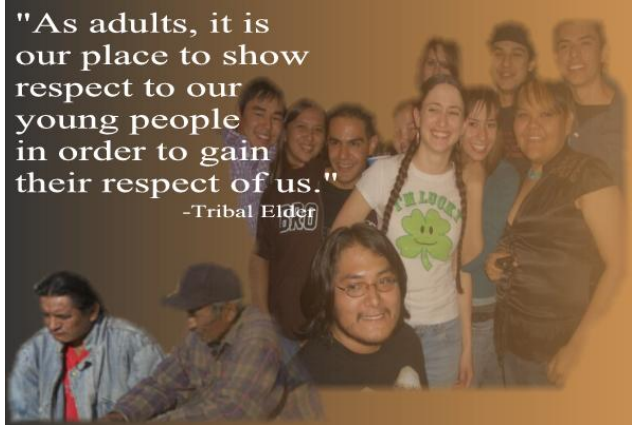
**High Risk Kids II**  
 Building Stronger Communities



It takes a whole community to raise a child

Stop the anger, resentments and jealousy. Let's work together as adults to respect one another and create a healthy community for our kids.

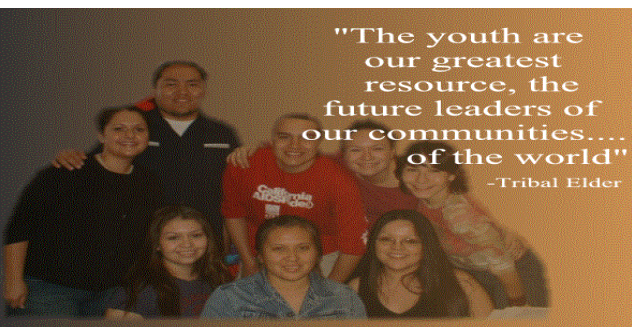
**BRIDGING THE GAP**<sup>™</sup>  
 Bringing Youth & Adults Together



"As adults, it is our place to show respect to our young people in order to gain their respect of us."  
 -Tribal Elder

Is there a gap between the generations in your community? Is respect slipping away? This workshop can help to bridge that GAP!

**SPIRIT of YOUTH**<sup>™</sup>  
 Leadership Training



"The youth are our greatest resource, the future leaders of our communities.... of the world"  
 -Tribal Elder

This workshop promotes personal growth and assertiveness skills for young people to find their voices and confidence so they can be future leaders.

Keep the Family Strong  
 A three day family gathering



" We love our children. But making our family strong takes more than love"

The family that heals together stays together. Healthy families promote healthy communities. Lets keep our families STRONG...

Leading by Example  
 Self-Care  
 Personal and Professional Development Workshop

We can't give what we don't have!! To help others, we first must help ourselves.

Self care is not about getting soft. It's about staying strong, free, independent, safe, focused, passionate and happy.

Be a healthy role model. Lead by example.

**Harmony**<sup>™</sup>  
 Creating in the workplace



Help your staff become Focused, Productive and Kind

Imagine a workplace where gossip, bickering and negativity become a thing of the past.

Where people work together and take personal responsibility for a kinder and more productive workplace.

*Sounds to good to be true? Not really!*  
 Many people in organizations like yours have benefited from this unique training. Yours Can, Too!

**Why NOT have one of our Powerful workshops in YOUR Community?**

**We travel to your COMMUNITY!**  
 Our On-site workshops bring us to your community in a cost effective way to help as many people as possible. Your community, organization, or agency, can provide workshops for up to 50 people in your home area for about the same cost as sending six to eight people out for training... An affordable way to offer training and promote health and wellness in your community.